

ITG Daily Power Packs

Easy to use Twice Daily Supplements while you are on the ITG Diet. Just carry in your purse or briefcase. No need to count, sort or measure. One to be taken at breakfast and once in the evening with your dinner. Each packet contains one each of the following ITG supplements, 1 Multi capsule, 1 Omega soft gel and 1 Calcium Magnesium capsule. The packets are a perfect foundation for people just getting starting point on a weight loss program, other health regimens or for comprehensive maintenance. *Comes in 30 day packs or 14 day packs.*



ITG Diet Plan. Nutrition. Life!
14-Day Power Pack
 Dietary Supplement

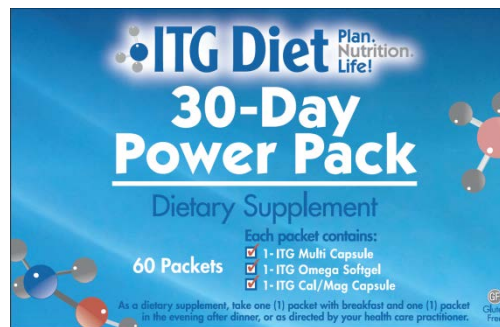
Each packet contains:

- 1- ITG Multi Capsule
- 1- ITG Omega Softgel
- 1- ITG Cal/Mag Capsule

28 Packets

As a dietary supplement, take one (1) packet with breakfast and one (1) packet in the evening after dinner, or as directed by your health care practitioner.

Gluten Free



ITG Diet Plan. Nutrition. Life!
30-Day Power Pack
 Dietary Supplement

Each packet contains:

- 1- ITG Multi Capsule
- 1- ITG Omega Softgel
- 1- ITG Cal/Mag Capsule

60 Packets

As a dietary supplement, take one (1) packet with breakfast and one (1) packet in the evening after dinner, or as directed by your health care practitioner.

Gluten Free

ITG Cal/Mag			ITG Multi		
SUPPLEMENT FACTS Serving size 1 capsule			SUPPLEMENT FACTS Serving size 1 capsule		
Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Calcium (as DimaCal® Di-Calcium Malate)	90mg	18%*	Vitamin A (as retinyl palmitate)	1600IU	32%*
Magnesium (as Albion® Di-Magnesium Malate)	90mg	45%*	Vitamin C (as ascorbic acid)	250mg	417%*
* Percent Daily Values are based on a 2,000 calorie diet.			Vitamin D (as cholecalciferol)	250IU	63%*
Other ingredients: Magnesium Stearate, Vegetarian Capsules			Vitamin E (as d-alpha tocopheryl succinate)	12IU	40%*
ITG Omega			Thiamin (Vitamin B-1)(as thiamine hcl)	25mg	1667%*
SUPPLEMENT FACTS Serving size 1 softgel			Riboflavin (Vitamin B-2)	15mg	883%*
Amount Per Serving		% Daily Value	Niacin (Vitamin B-3)(as niacinamide)	15mg	75%*
Calories	10.4		Vitamin B-6 (as pyridoxine hcl)	25mg	1250%*
Calories from Fat	9		Folate (as methyltetrahydrofolic acid)	200mcg	50%*
Total Fat	1g	1.5%*	Vitamin B-12 (as methylcobalamin)	250mcg	4167%*
Cholesterol	5mg	2%*	Biotin (as d-biotin)	150mcg	50%*
Omega-3 Fatty Acids			Pantothenic Acid (as d-calcium pantothenate)	25mg	250%*
EPA (Eicosapentaenoic Acid)	180mg	†	Iodine (as potassium iodine)	37mcg	25%*
DHA (Docosahexaenoic Acid)	120mg	†	Zinc (as amino acid chelate)	7mg	50%*
Other Omega-3 Fatty Acids	300mg	†	Manganese (as amino acid chelate)	1mg	50%*
Lemon Oil	30mg	†	Selenium (as amino acid chelate)	100mcg	143%*
* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.			Chromium (as amino acid chelate)	200mcg	167%*
Other ingredients: Gelatin, Glycerin, Purified Water Contains fish (anchovies or sardines)			Mixed Tocopherols	79mg	†
WARNING: Consult with your health care practitioner before use if you are taking blood thinning medication or are planning to have surgery.			Alpha Lipoic Acid	10mg	†
Notice: Color, size or shape may appear different between lots.			* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.		
STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.			Other Ingredients: Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate, Vegetarian Capsules		
Distributed by ITG Diet • (727) 388-4850 6331 4th Street N. • St. Petersburg, FL 33702			These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.		
			Albion and DimaCal are registered trademarks of Albion Laboratories, Inc. Malates covered by U.S. Patent 6,706,904 and patent pending.		
					